



18th ANNUAL MCGILL TEAM CHALLENGE 2013 MCGILL TEAM CHALLENGE 2013, 18^e ÉDITION

DATE:

Fri / Ven., Sat / Sam., Jan 25-26, 2013

TIME / Heure

Fri / Ven: 14:00 21:40

Sat / Sam: 08:45 - 17:00

PLACE:

Tomlinson Fieldhouse
475 Pine Avenue West
Montreal, QC
H2W 1S4

ENTRY FEE / Frais d'inscriptions:

\$15 per event/par épreuve

\$250 per roster: Men's and women's teams are separate rosters/ Par équipe, femmes et hommes sont des équipes distinctes.

LATE FEE / Inscription en retard

A late fee of \$30 per event will be charged for anyone entered after the deadline/Inscriptions reçues après la date limite: \$30

HOTEL:

Holiday Inn - Midtown
420 Sherbrooke Ouest
Montreal, QC, H3A 1B4
514-842-6111

Toll Free / sans frais: 1-800-387-3042

Code: McGill Athletics

Double Room / Chambre double: \$99

SCORING / POINTAGE:

10-8-6-5-4-3-2-1

ENTRIES / Inscriptions:

Deadline / Date Limite:

11:00pm / 23h00, Mon/Lun., Jan 24/13

Hy-Tek's Team Manager or Team Manager Lite

Please visit / SVP visitez

www.mcgilltrack.com for entry info.

RESULTS / RÉSULTATS:

www.mcgilltrack.com

ADDITIONAL INFORMATION:

Team packages can be picked up from the Timing/Results room on the second floor on Friday afternoon.

Les documents d'information

seront disponibles à la salle des résultats au deuxième étage le vendredi après-midi

FACILITIES / Installations:

Locker rooms and showers are available, please bring your own lock and towel. **Do not leave valuables in your locker.**

Vestaires et Douches seront à votre disposition. Apportez votre cadenas et serviette. **Veillez ne pas laisser d'objets de valeur dans les vestaires**

SPIKE LENGTH / LES POINTES:

Spikes must be 7mm or ¼ in pyramids.
No ¼ in pins or Christmas trees.

Les pointes ne devront être plus longues que 7mm de type pyramidale. Les pointes en forme d'arbre de Noël ne seront pas acceptées.

RELAYS / LES RELAIS:

One team per-university, women/men

Une équipe par université, femmes/hommes

Schedule is subject to modification based on final entries. / L'horaire est sujet à modification selon les dernières

18th ANNUAL MCGILL TEAM CHALLENGE 2013

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Meet Schedule / Horaire de la rencontre

Friday, January 25, 2013

Track Events / Horaire de Piste

17:30	60m	(F)	(F)
17:50	60m	(M)	
18:15	60m (Invitational)		
18:25	1000m	(F)	
18:50	1000m	(M)	
19:15	60m (B & A)	(F)	Final(e)
19:20	60m (B & A)	(M)	Final(e)
19:25	60m (Invitational)	(M)	Final(e)
19:30	3000m	(F)	
20:05	3000m	(M)	
20:40	4x 200m	(M)	
20:55	4x 200m	(F)	
21:10	4x 800m	(F)	
21:25	4x 800m	(M)	

Field Events / Evenements des Champs

14:00	Weight Throw	(F)	
14:30	High Jump	(F)	
15:45	Weight Throw	(M)	
17:00	Triple Jump	(M)	
18:45	Pole Vault	(M)	
19:00	Triple Jump	(F)	
20:00	High Jump	(M)	

Saturday, January 26, 2013

Track Events / Horaire de Piste

08:45	60m Hurdles	(M)	2-Pent
09:00	60m Hurdles	(F)	2-Pent
09:15	60m Hurdles/Haies	(F)	
09:30	60m Hurdles/Haies	(M)	
11:35	60m Hurdles/Haies	(M)	Final(e) B/A
11:45	60m Hurdles/Haies	(F)	Final(e) B/A
11:50	Break/Pause		
12:40	600m	(F)	
13:00	600m	(M)	
13:25	300m	(F)	
14:00	300m	(M)	
14:45	1500m	(F)	
15:25	1500m	(M)	
16:10	1000m	(H)	Pent
16:20	4x400m	(F)	
16:35	800m	(F)	Pent
16:40	4x400m	(H)	

Field Events / Evenements des Champs

09:15	Long Jump	(M)	Pent
10:00	Shot Put	(F)	
10:05	High Jump	(F)	Pent
10:15	Long Jump	(F)	
12:30	Shot Put	(M)	Pent
13:00	Pole Vault	(F)	
13:15	Long Jump		(M)
13:45	Shot Put	(F)	Pent
14:45	Shot Put	(M)	
15:00	High Jump	(M)	Pent
15:15	Long Jump	(F)	Pent

Entry standards for club athletes:

Les minimas de participation pour les athlètes des clubs:

Women / Femmes	Event / Épreuve	Men / Hommes
8.01	60m	7.19
42.18	300m	36.26
01:36.72	600m	01:23.09
02:58.27	1000m	02:34.22
04:48.92	1500m	04:02.13
10:09.31	3000m	08:45.81
9.26	60m H	8.40
1.63	HJ	2.00
3.46	PV	4.57
5.12	LJ	6.46
10.91	TJ	13.83
11.71	SP	13.44
14.06	WT	14.28

Important:

In order to keep the meet moving the running events will be seeded at the check-in table, as such the following procedure must be followed: Report to the check-in table at or before the following announcements:

1st Call 60 minutes before the start of your event

2nd Call 45 minutes before the start of your event

3rd Call 35 minutes before the start of your event.

After checking-in athletes must report to the start area 20 minutes before the start of their event

You will not be able to compete if you miss the check in procedure!!!

URGENT :

Afin d'assurer la bonne marche de la rencontre, dans les épreuves de course, la composition des vagues sera faite à partir de la liste des athlètes qui se seront présentés à la chambre d'appel dans les délais prescrits.

Les appels respecteront les délais suivants:

- 1er appel: 60 minutes avant l'épreuve

- 2e appel: 45 minutes avant l'épreuve

- 3e appel: 35 minutes avant l'épreuve

Après s'être présenté à la chambre d'appel, les athlètes devront se rendre à la ligne de départ de l'épreuve 20 minutes avant l'heure prévue de la course.

Aucun athlète ne pourra participer à une épreuve de piste sans avoir respecté la procédure de la chambre d'appel

McGill Team Challenge & Fieldhouse Records

(updated through Jan. 24, 2012)

McGill Team Challenge Meet Records

EVENT	RESULT	WOMEN / FEMMES
60m	7.39	Genevieve Thibault , Laval, 2009
300m	37.55	Adrienne Power , Dalhousie, 2005
600m	1:32.32	Celia Peters , Dalhousie, 2010
1000m	2:49.97	Lindsay Carson , Guelph, 2009
1500m	4:26.93	Leanna MacLean , Dalhousie, 2005
3000m	9:11.69	Megan Brown , Toronto, 2009
60m Hurdles / Haies	8.56	Sonia Paquette , Sherbrooke, 2000
4x200m	1:41.09	Waterloo , 1997
4x400m	3:49.24	Ottawa , 2011
4X800m	9:09.24	Dalhousie , 2011
High Jump / Hauteur	1.80	Michelle Moody , Guelph, 2008
Pole Vault / Perche	4.06	Heather Hamilton , York, 2009
Long Jump / Longueur	5.95	Laurence Beaudet , Montreal, 2011
Trip. Jump / Trip. Saut	12.24	Julia Wallace , Guelph, 2011
Shot Put / Poids	14.36	Kate Forbes , Western Ontario, 2002
Wt. Throw / Marteau	17.88	Annie Larose , Sherbrooke, 2009
Pentathlon	3767	Jennifer Cotten , Western Ontario, 2008

EVENT	RESULT	MEN / HOMMES
60m	6.73	Ben Youssef Meite , Sherbrooke, 2010
300m	32.95	Shane Niemi , York, 2002
600m	1:18.36	Geoff Harris , Dalhousie, 2007
1000m	2:23.66	Jaden Ostapowich , Alberta, 2011
1500m	3:50.44	Robert Jackson , Guelph, 2010
3000m	8:14.96	Alex Genest , Guelph, 2011
60m Hurdles / Haies	7.87	Andrew Lissade , Sherbrooke, 2000
4x200m	1:27.01	Windsor , 2011
4x400m	3:17.91	Western Ontario , 1997
4X800m	7:36.01	Dalhousie , 2007
High Jump / Hauteur	2.15	Kwaku Boateng , Concordia, 1998
Pole Vault / Perche	5.40	Jason Wurster , Toronto, 2008
Long Jump / Longueur	7.63	Christopher Greenaway , Ottawa, 2010
Trip. Jump / Trip. Saut	15.25	Marlon Nangle , York, 2006
Shot Put / Poids	16.93	Tim Hendry , Guelph, 2011
Wt. Throw / Marteau	18.29	Owen Willems , Guelph, 2008
Pentathlon	3545	Rob McCulloch , Dalhousie, 2011

Tomlinson Fieldhouse Records

EVENT	RESULT	WOMEN / FEMMES
60m	7.35	(tie) Toyin Olupena , Toronto TFC, 2010
	7.35	(tie) Genevieve Thibault , Laval, 2010
300m	37.55	Adrienne Power , Dalhousie, 2005
600m	1:29.51	Holly Ratzlaff , Calgary, 2007
1000m	2:45.1(h)	Sarah Ali-Khan , McGill, 2003
1500m	4:18.75	Megan Brown , Toronto, 2007
3000m	9:11.69	Megan Brown , Toronto, 2009
60m Hurdles / Haies	8.28	Jessica Zelinka , Calgary, 2007
4x200m	1:37.57	Saskatchewan , 1999
4x400m	3:47.77	Saskatchewan , 1999
4X800m	8:56.63	Toronto , 2007
High Jump / Hauteur	1.89	Natalja Jackheere , Belgium, 1998
Pole Vault / Perche	4.20	Gabriella Duclos-Lasnier , TC Sherbrooke, '11
Long Jump / Longueur	6.17	Alice Falaiye , Toronto, 1998
Trip. Jump / Trip. Saut	12.76	Michelle Hastick , Independent, 1999
Shot Put / Poids	16.22	Julie Labonté , Sherbrooke, 2009
Wt. Throw / Marteau	18.25	Galina Mityaeva , Independent, 2011
Pentathlon	4380	Jessica Zelinka , Calgary, 2007

(h): hand-timed (must add 0.24 seconds to be considered official)

EVENT	RESULT	MEN / HOMMES
50m	5.71	Bruny Surin , Videotron, 1999
60m	6.56	Nick Macrozonaris , St-Laurent Selects, 2002
200m	21.03	Jimmy Hackley , Independent, 2004
300m	32.95*	Shane Niemi , York, 2002
600m	1:17.26	Alex Marchand , Sherbrooke, 2000
1000m	2:23.08	Sebastien Ouellet , Sherbrooke, 1999
1500m	3:48.82	Geoff Martinson , Victoria, 2008
3000m	8:07.38	Reid Coolaset , Speed River TFC, 2010
60m Hurdles / Haies	7.75	Charles Allen , Ottawa Lions, 2006
4x200m	1:24.85*	Legacy Athletics , 2007
4x400m	3:14.12	Calgary , 2008
4X800m	7:30.83	Victoria , 2008
High Jump / Hauteur	2.27	Kwaku Boateng , Concordia, 1996
Pole Vault / Perche	5.40	Jason Wurster , Toronto, 2008
Long Jump / Longueur	7.63	Christopher Greenaway , Ottawa, 2010
Trip. Jump / Trip. Saut	16.15	Shawn Peters , Regina Athletics, 2003
Shot Put / Poids	17.52	Jim Steacy , Lethbridge, 2007
Wt. Throw / Marteau	23.61	Jim Steacy , Lethbridge, 2007
Pentathlon	3877	Jaimie Adjetey-Nelson , Windsor, 2007

Qualification Standards for 2013 CIS Championships

EVENT	MEN
60m	6.82
300m	34.25
600m	1:19.81
1000m	2:24.45
1500m	3:48.50
3000m	8:17.70
60m hurdles / haies	8.30
4x200m	1:28.82

**Today's Final results
will be posted
online at:**

**www.mcgilltrack.com
and
www.mcgillathletics.com**

EVENT	WOMEN
60m	7.63
300m	39.63
600m	1:31.66
1000m	2:48.64
1500m	4:28.25
3000m	9:47.19
60m hurdles / haies	8.72
4x200m	1:41.43