

Fédération québécoise d'athlétisme

Épreuves admissibles vétérans

Comité des records – Février 2022

Plein air – hommes

	H35	H40	H45	H50	H55	H60	H65	H70	H75	H80	H85	H90	H95	H100
100 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
200 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
400 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
800 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1500 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mille	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3000 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5000 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5 km route	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
8 km route	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10 000 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10 km route	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
15 km route	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
20 km route	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Demi-marathon	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
30 km route	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
50 km route	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Marathon	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
100 km route	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
80 m haies								✓	✓	✓	✓	✓	✓	✓

100 m haies				✓	✓	✓	✓							
110 m haies	✓	✓	✓											
200 m haies										✓	✓	✓	✓	✓
300 m haies						✓	✓	✓	✓					
400 m haies	✓	✓	✓	✓	✓									
2000 m steeple						✓	✓	✓	✓	✓	✓	✓	✓	✓
3000 m steeple	✓	✓	✓	✓	✓									
1500 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mille marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3000 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5000 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5 km marche route	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10 000 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10 km marche route	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
15 km marche route	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
20 km marche route	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
30 km marche route	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
50 km marche route	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Hauteur	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Perche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Longueur	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Triple saut	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Poids 7,26 kg	✓	✓	✓											
Poids 6 kg				✓	✓									
Poids 5 kg						✓	✓							
Poids 4 kg								✓	✓					
Poids 3 kg										✓	✓	✓	✓	✓

Salle - hommes

	H35	H40	H45	H50	H55	H60	H65	H70	H75	H80	H85	H90	H95	H100
50 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
60 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
200 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
400 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
800 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1500 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mille	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3000 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5000 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
50 m haies	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
60 m haies	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1500 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3000 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5000 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Hauteur	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Perche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Longueur	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Triple saut	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Poids 7,26 kg	✓	✓	✓											
Poids 6 kg				✓	✓									
Poids 5 kg						✓	✓							
Poids 4 kg								✓	✓					
Poids 3 kg										✓	✓	✓	✓	✓
Marteau 15,87 kg	✓	✓	✓											
Marteau 11,34 kg				✓	✓									
Marteau 9,08 kg						✓	✓							

